



## List of Spiritual Directors

These area Spiritual Directors are currently taking new clients. St. Martin's doesn't formally endorse these practitioners, but offers their names for your consideration. We recommend that when making a decision about a spiritual director that you schedule a visit or two to determine if the fit is good and if their approach meets your needs.

If you are a Spiritual Director and would like to be included on this list, please contact Barbara Ballenger, Associate for Spiritual Formation and Care, at [bballenger@stmartinec.org](mailto:bballenger@stmartinec.org) or call 215-247-7466, ext 102.

### **Directors who can see directees at Hilary House at St. Martin's**

**Lucy Hines** -- [lucyhines25@gmail.com](mailto:lucyhines25@gmail.com), 215-487-2934

Lucy offers a meditative style of spiritual companionship. She earned her Masters Degree in Spiritual Direction and Holistic Spirituality from Chestnut Hill College. Her training is of an Ignatian bent, where the companion offers support, help in discernment and exploring a deeper life in God.

**Rev. Sharline Fulton** – [sharline213@gmail.com](mailto:sharline213@gmail.com)

Sharline's training as a spiritual director has included Certification from both the Jesuit Spiritual Center at Wernersville, Pa., and Creighton University in Omaha, Nebraska, with an MA in Christian Spirituality. The Spiritual Exercises of Ignatius of Loyola, the founder of The Society of Jesus (Jesuits) were the foundation of both programs, but they also included other traditional Christian modalities of Prayer such as Carmelite, Benedictine, Franciscan., etc.

She has served as a Spiritual Director and conductor of Retreats in the Diocese of Pennsylvania, on staff at St. Martin's Church, and continues to do so in private practice.

**Kathleen Cleaver** -- [KathleenACleaver@gmail.com](mailto:KathleenACleaver@gmail.com), (Mt Airy) Phone: 267-297-6036, Website: [KathyCleaver.com](http://KathyCleaver.com)

Through prayerful attention, Kathy meets with her directees to help them discern their own individual truth, inner wisdom and God's loving guidance for them. Her areas of experience include: joys and challenges of marriage and family life, mid-life issues, enlarging images of God, dreams as a spiritual practice, life transitions and loss, marginalization, and building disciplines of a contemplative life. Kathy has been a Spiritual Director since 2000. She holds a M.A. in Holistic Spirituality/Spiritual Direction, CAS in Pastoral Counseling, Masters in Social Work and B.S. in Nursing. She can meet at Hilary House or at her home office.

**Angela York Crane -- [angela.york.crane@gmail.com](mailto:angela.york.crane@gmail.com) 215.253.8847**

Angela provides spiritual direction in the manner of Friends (Quakers). During sessions, offered in a relationship of equals, we listen to the Inward Light and hunt for the clues of Spirit to discern what Inner Truth wants to be made known and how to listen to and live from our Inner Authority, the Risen Christ within. We look at the gifts of the light and the dark, explore how to integrate them for wholeness, and use the tension to birth further creativity in work, play and daily living.

**Rev. Anne Ritchings, [bearcuisinenm@comcast.net](mailto:bearcuisinenm@comcast.net) 267-297-8467**

I am a retired Episcopal priest who has received training in spiritual direction from The General Theological Seminary in New York and have over twenty years of experience as a spiritual director. While firmly rooted in the Benedictine tradition, I am familiar and comfortable with a variety of spiritual practices and traditions. I would describe my practice as compassionate listening where we work together to discern the Spirit's movement in your life.

## **Directors who work from their own homes/studios**

**Bettina Clowney (Mt. Airy) -- [tina@bettinaclowney.com](mailto:tina@bettinaclowney.com) and numbers: home- 215-457-4430; cell- 215-219-7493. (Currently not taking new directees)**

Trained at Shalem Institute, I have been practicing spiritual direction for 25 years. I find a contemplative approach helpful, and appeal to a person's strengths. On my part I am listening to God's prayer in me on their behalf. I find the process tender, surprising, respectful, sometimes funny, and full of wonder. It is also creative and empowering.

**Susan Cole (Mt Airy) Oasis of the Spirit, 8008 Winston Road, Philadelphia, PA 19118  
215-242-0611x2. [oasisofthespirit@gmail.com](mailto:oasisofthespirit@gmail.com)**

*(Note: Because Susan is a member of St. Martin's she does not see St. Martin's parishioners.)*

I see people from a variety of faith traditions, including a large number of Jews. I myself am a retired United Methodist pastor with a strong background in Ignatian spirituality (trained as a director in that tradition). Because it is important for a directee to be compatible with a directee, I invite people to come spend a session at no charge, where we get acquainted, with space for questions and concerns.

**Rabbi Dayle A. Friedman – [rabbidayle@growingolder.net](mailto:rabbidayle@growingolder.net) , (215) 266-3647,  
[www.growingolder.net](http://www.growingolder.net)**

Rabbi Dayle A. Friedman is a spiritual director, social innovator, chaplain, and scholar. She has trained rabbis and chaplains, accompanied frail elders, taught and guided individuals embarking upon their "third chapters." Through Growing Older ([www.growingolder.net](http://www.growingolder.net)), her Philadelphia-based, national practice, Rabbi Dayle offers spiritual direction for people beyond midlife, spiritual care for individuals and families facing dementia and frailty, and consulting on medical decisions and end-of-life care.

**Rabbi Malkah Binah Klein -- Phone: [215-510-2172](tel:215-510-2172) E-mail: [malkahbinah@gmail.com](mailto:malkahbinah@gmail.com)**

Malkah Binah is a compassionate spiritual director who offers deep listening and supports individuals in connecting with their inner wisdom and the flow of Divine Love. She intuitively and gently weaves into her work a variety of modalities for grounding and deepening the connection to Spirit, including qi gong, writing, drawing, sacred text study, and chant. Malkah Binah meets with directees in her home in West Mt Airy and, if need be, is also willing to explore sessions in your home or Skype sessions.

**Connie Lezenby -- Cell phone: 267-664-3721 E-Mail: [lezenby@gmail.com](mailto:lezenby@gmail.com)**

Connie offers individual and small group spiritual direction at Gwynedd Friends Meeting or in Lansdale, PA. She works with seekers from many faith traditions or those beginning a spiritual journey. Through questions and silent reflection we will explore your unique relationship with God, spiritual practices that deepen intimacy and the freedom that flows in a life lived in the awareness of God's love. Connie also offers companionship for the Ignatian retreat in daily life (19th Annotation), silent or dream retreats and workshops for churches on beginning small spiritual direction groups. Sliding scale fee.

